

# Substance Abuse Counseling Offers Hope

## Addressing Addiction: One Person's Story

Living in a middle-class neighborhood, Jacob Glaser's first exposure to opiates occurred when he was 14. The drugs weren't purchased from a dealer on the corner -- they were prescribed by a dentist for pain management after his wisdom teeth were pulled. He enjoyed the feeling produced when taking Vicodin and soon added alcohol and cocaine to the mix.

Eventually, Jacob began spending his paychecks on bottles of pills on the streets. The combination of opioids and alcohol made him feel "normal." When it got too expensive to keep buying pills and supplies were inconsistent, he turned to heroin.

*After more than a year of sobriety, Jacob is finally feeling like he is getting his life back. He is rebuilding relationships and holding down a steady job.*

Heroin consumes every aspect of a user's life... every decision made is about the drug. Friends and family members do not matter to this person... what matters is finding and using the drug. It didn't take long before Jacob alienated the very people who cared the most about him.

After hospitalization due to an overdose and two DUI arrests, Jacob was sent to Lenawee County's Sobriety Court. The court required him to attend a 12 Step Program and seek substance abuse counseling at Catholic Charities. As time passed, even though it was initially against his will, Jacob eventually began to look forward to attending the group sessions. He started to feel more comfortable opening up with his counselor.

After more than a year of sobriety, Jacob is finally feeling like he is getting his life back. He is rebuilding relationships and holding down a steady job. At his counselor's recommendation, he attends a training session at Siena Heights University to become a Recovery Coach so that he can share his story of addiction and recovery. He says he no longer feels ashamed for his addiction... only ashamed he didn't seek help sooner. He is grateful to the Sobriety Court for sending him to Catholic Charities where he received the support and guidance needed to establish a solid foundation of recovery.



Jacob Glaser

The stigma of opioid addiction needs to be removed. It can happen to any family, regardless of social status. These aren't junkies in the street... these are people you would not expect -- your neighbors, students, our own children. Opioid addiction has been classified as a brain disease and the rate of relapse is extremely high.

Donors to Catholic Charities create hope for hundreds of people, like Jacob, each year through our programs and services.

**creating hope**  
Substance Abuse Counseling

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 **Catholic Charities**  
OF JACKSON, LENAWEE & HILLSDALE COUNTIES  
**3425 Francis St.**  
**Jackson, MI 49203**



Stay in touch - for updates on programs and events, log on, like us, and sign up for our quarterly e-news!

[www.CatholicCharitiesJLHC.org](http://www.CatholicCharitiesJLHC.org)

# 2015 ANNUAL REPORT



OF JACKSON, LENAWEE & HILLSDALE COUNTIES

**Jackson:**  
3425 Francis St.  
Jackson, MI 49203  
517-782-2551

**Lenawee:**  
199 N. Broad St.  
Adrian, MI 49221  
517-263-2191

**Hillsdale:**  
By appointment  
1-800-219-1177

**Providing Help. Creating Hope.**

[www.CatholicCharitiesJLHC.org](http://www.CatholicCharitiesJLHC.org)



## 2015 Program Highlights



### Counseling Services & Programs

We provided almost 10,000 outpatient mental health and substance abuse sessions for our clients to thrive and grow to be self-sufficient.

We also provide a part-time school counselor in three Catholic elementary schools in Jackson County and one in Lenawee County.

### Foster Care & Adoption

To build and strengthen families, we found caring and loving homes for 35 children in foster care and forever homes for 20 children through adoption.

### Roadmap to Graduation

Three homeless teenagers were given safe reliable housing, mentoring, and resources to succeed. All of them graduated from high school.

### Senior Transportation Services

Twenty five amazing volunteer drivers transported seniors in Jackson County over 3,000 times to medical appointments.

### Jackson County

#### Child Advocacy Center

Conducted forensic interviews for 209 child victims of sexual or severe physical abuse minimizing the trauma inherent to the intervention process.

We are also working to establish a Child Advocacy Center in Lenawee County.

### Personal Needs & Linen Closet

Thousands of orders were filled at our Personal Needs & Linen Closet in Jackson. Managed and staffed all by volunteers, we provide our neighbors not just soap and detergent to stay clean, but a means to preserve their dignity, when they need help the most.

## Mission Statement

**Our Mission is the Work of the Catholic Church, to Share the Love of Christ by Performing the Corporal and Spiritual Works of Mercy.**

## Angels on Wheels Serve Seniors in Need

Stewardship means taking care of God's gifts. At Catholic Charities, we couldn't ask for better stewards of God's own than our Transportation volunteers. Our Senior Transportation Services has 25 remarkable volunteers who provide door to door transportation to vital medical appointments for over 200 seniors, making 3,000 trips a year.



Volunteer Pauline O'Shea (right) helps Sandy Waters

Pauline O'Shea began volunteering with Catholic Charities when the Transportation program began 11 years ago. She literally goes the extra mile for clients. One veteran client had to walk 12 city blocks to catch a

special bus for veterans once a week for treatment at the VA Hospital in Ann Arbor. On cold winter mornings, Pauline would rise early to pick him up, drive him to the bus stop, and wait with him in the warm car until the bus came.

Although she doesn't think of herself as that unique, Transportation clients call Pauline an angel, a blessing, and a gift from above. "Everyone treats me well, but Pauline is special to me," says client, Sandy Waters. "She is a wonderful, loving person who goes above and beyond." Pauline makes all of her clients feel like they are her # 1 priority.

Our Senior Transportation Services transports seniors, age 60 and above, door to door for non-emergency medical needs, including (but not limited to): doctor appointments, hospitals, counseling, disability reviews, and clinics. This vital service, provided at no charge to clients, has the flexibility to cover times and locations that public transportation options cannot offer. Volunteer drivers use their personal vehicles and sometimes drive 2,000 miles per month for a total of 60,000 miles annually. Pauline has logged over 40,000 miles since beginning her volunteer stewardship with Catholic Charities.

**providing help**

Senior Transportation Services

With an aging population, seniors are one of the largest segments in Jackson County, and the need for specialized transportation is growing. Catholic Charities is dedicated to providing help to our senior clients allowing them to lead a dignified and independent lifestyle. We are blessed to have such great stewards in our volunteer drivers who offer help, a smile, and friendly conversation. "Not all of us can do great things. But we can do small things with great love." — *Mother Teresa*

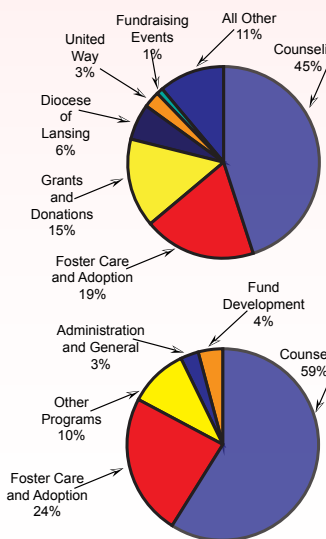


*Catholic Charities Senior Transportation provides a range of services, including transport of clients using oxygen, something public transportation is unable to provide.*

## 2015 Financials

2015 Income	
Counseling	\$1,270,942
Foster Care & Adoption	537,723
Grants and Donations	409,032
Diocese of Lansing	179,043
United Way	79,421
Fundraising Events	21,563
All Other	323,026
<b>Total</b>	<b>\$2,820,750</b>

2015 Expenses	
Counseling	\$1,695,342
Foster Care & Adoption	683,445
Other Programs	281,966
Administration and General	97,844
Fund Development	97,967
<b>Total</b>	<b>\$2,856,564</b>



United Way



### Thank you Donors!

Thank you to the foundations, businesses, and each and everyone of you who made donations in 2015! Your support makes our work possible. You can view a complete list of 2015 donors online at [CatholicCharities.org/annualreport2015](http://CatholicCharities.org/annualreport2015). If you would like to receive a printed copy of the donor list, please contact Kyle Anne Jansen at 517-262-0466, [kjansen@CatholicCharitiesJLHC.org](mailto:kjansen@CatholicCharitiesJLHC.org)



Dear Friends of Catholic Charities,



It is once again my pleasure to bring you the Annual Report for Catholic Charities of Jackson, Lenawee, and Hillsdale Counties. As I reflect on my past 12 years with the agency, I experience a wide array of feelings from gratitude to pride and a never ending sense of... we need to do more. I am very grateful to have the honor of being entrusted to steward the mission of Catholic Charities. I am also grateful for all the amazing and inspiring people who make up our board of directors, advisory council for our Child Advocacy Center, staff, volunteers, and donors.

I wish it was possible for you to witness the dedication and compassion that I see on a daily basis. This power of Christ's love is best evidenced by sharing with you the number of lives we touched in 2015. The program highlights and stories told in this report are just a glimpse of the wonderful ways we help people who live right here in our Jackson, Lenawee and Hillsdale communities.

Looking at 2016 there are still many unmet needs and Catholic Charities is well positioned, with the help of our donors and communities, to meeting those needs. We are looking forward to combining two of our Jackson sites into one location to lower costs, work more efficiently, and allow all of our departments to work more closely together, but most importantly to ensure that Catholic Charities continues to have a viable presence in Jackson County well into the future. We plan to open a Child Advocacy Center in Lenawee County to best meet the needs of abused children in that area. We also look forward to playing a key role in the implementation of a drug court in that county. With ongoing collaborations with community partners we will continue to address the issue of trauma, especially with children, and the growing epidemic of heroin and other drug abuse.

None of our current or future services could be possible without your continued support. I thank you for your help and urge you to continue to partner with us in our mission of providing help and creating hope in our communities.

God's Blessings,

*Sue Lewis*

Sue Lewis  
Executive Director